

1. A system for warming an endoscope, laparoscope, or other such  
2 instrument to minimize fogging, comprising:  
a pad for wrapping around the instrument, the pad including a mixture of water  
4 and sodium acetate to generate heat through an exothermic reaction; and  
an activation disc located around the periphery of the pad to provide for  
6 convenient user access.
2. The system of claim 1, wherein the activation disc is made of perforated  
2 stainless steel.
3. The system of claim 1, further including a housing to contain the pad in  
2 sleeve form into which the instrument is inserted.
4. The system of claim 1, further including a heat-conductive tube to receive  
2 the instrument around which the pad is wrapped.
5. The system of claim 1, wherein the pad is partitioned.